

Venture into Rosh Hashanah



Keep Learning!

Jewish Value: שלמות | *Shleimut*
Wholeness

Shleimut shares a root with the word “shalom,” and suggests coming to a place of being at peace with one's whole self. Rosh Hashanah is a time of making peace with the past year and thinking about changes we might want to make in the coming year as we work toward *shleimut* — the knowledge and feeling that who we are on the outside is the same as the inside; that we are whole.

Activity: My Whole Self

Create a full-body self portrait, turn it into a puzzle, and put all the pieces together. For an extra challenge, try coloring both sides of the puzzle to make a reversible whole self!

1. Color and cut out the template*. You may need to ask a grown-up for help cutting.



2. Cut on the dotted lines.



3. Arrange all the pieces to make a whole self-portrait!



**Printable templates can be found at the end of the Toolkit*