



Venture into Passover



Keep Learning! Mimouna

Many of us look forward to eating chametz (leavened foods) when Passover ends, but in Morocco and other North African countries, Jews mark the return of eating chametz with a holiday called Mimouna.

Mimouna or *Noche de Mimouna* (in Moroccan Ladino) is a festival in the Moroccan Jewish tradition. It is a joyful celebration that expresses the spirit of the community, and celebrates the values of joy, hospitality, generosity, and friendship.

Mimouna celebrates an enduring belief in freedom of the Jews and of all people in the world who are still not free. It also celebrates optimism, focusing on spring and harvest as well as peace among people. In fact, throughout Morocco, Muslims would bring *moufleta* and other cookies to their Jewish neighbors to help them celebrate beginning to eat *chametz* again.

Mimouna is a joyous celebration, full of sweets, family visits, gifts, and decoration.



MIMOUNA RESOURCES

- Explore the [history and traditions of Mimouna](#).
- Check out [PJ Library's Mimouna hub!](#)
- Make [stuffed dates](#) for Mimouna.
- Learn how to celebrate with [this demo](#).
- Celebrate Mimouna with [Shalom Sesame!](#)
- Learn how to make the classic Mimouna dish, *moufleta*!
- Learn about Mimouna through [this lesson plan](#).
- Find even more Mimouna recipe ideas [here!](#)