

## **Keep Learning!**

Chesed

Chesed is a core Jewish value that is often translated as loving-kindness. Chesed can look like many different things, and you can show it towards others or towards yourself!

## What are some ways you show kindness?

According to Psalms, the world is made out of chesed.

What do you think that means? What qualities do you think the world is made out of?

Chesed is so important that Simeon the Righteous, an ancient religious leader, said the world rests on three things:

Studying Torah Prayer Acts of loving-kindness

Some people think this means that the world exists to do these things, and some think it means that without these things, the world wouldn't exist at all.

What do you think?

What three things do you think the world rests on?







