

# Venture into Yom Kippur



## More Resources

*More to learn, play, cook, read, watch, and listen!*

### PLAY

- The jkidphilly [Yom Kippur Pinterest board](#) is full of ideas!
- Check out the [jkidphilly calendar](#) to see what we have going on for Yom Kippur.
- Think about forgiveness and reflection all year long with this ["Sorry Bag."](#)
- Use the story of Jonah – and [this whale craft!](#) – to teach about obedience.
- Try [these crafts](#) to learn about Yom Kippur values.

### COOK

- Since children should not fast on Yom Kippur, think of what [else can be given up](#) to make the day spiritually focused.
- Consider using [this mealtime meditation](#) to replace fasting.
- Check out [these tips](#) for explaining and contextualizing fasting for children.
- Children can support the fasting adults in their lives by [making pomanders](#) to stave off hunger.

### WATCH/LISTEN

- Use music to learn about the Jewish values of [tefilah](#) (prayer), [tzedakah](#) (charity), and [teshuva](#) (forgiveness).
- This [song](#) tells the story of Jonah, who we read about on Yom Kippur.
- Learn about saying sorry from [Shalom Sesame](#).
- Learn the [basics of Yom Kippur](#) in 3 minutes.
- What does ["slicha"](#) mean? Find out with [this video!](#)

### READ

- From Jonah to Yom Kippur rituals, [these books](#) can help guide kids through the holiday.
- Learn to say sorry with [these books](#).
- Use [these books](#) to better understand forgiveness.

### LEARN

- Look at [these 4 ways](#) children can participate on Yom Kippur.
- Learn [how to prepare your young child for Yom Kippur](#).
- Explore our [jkidACCESS High Holidays resources](#) and check out [these tips](#) for making High Holiday services easier for kids with disabilities.

### LINKS

- Read [more](#) and [more](#) and [more](#) info about Yom Kippur
- Celebrating [Yom Kippur around the world](#)
- Break-fast [recipes](#) from different countries.
- More info about [teshuvah](#) and [how to talk about it with your family](#).