

# Venture into Yom Kippur

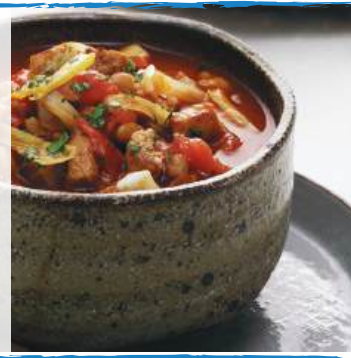


## Yom Kippur Break Fast Traditions from Around the World

Some Jews in **Iraq** break their fast with *t'beet*, a stuffed chicken and rice dish that's prepared pre-fast and cooked low and slow until Yom Kippur is over.



Some **Moroccan** Jews eat a traditional Shabbat dish called *dafina*, a stew flavored with saffron to break the fast.



Some **Persian** Jews drink black tea, alongside a soft-boiled egg to break the fast. They also have *faloudeh seeb*, a refreshing apple-rosewater treat.



Some **Syrian** Jews break the fast with *sambusek*, triangular turnovers stuffed with cheese, spinach, or chickpeas.



Many **Greek** Jews break the fast with *pepitada*, toasted melon seeds blended with water, sweetened with honey, and flavored with rosewater or almond extract.



Many Jews in **Eastern Europe** and **North America** break the fast with classic Ashkenazi fare: bagels, smoked fish, blintzes, and cake.

