



Venture into Tu B'Shevat



Keep Learning!

Jewish Value: *Gevurah*
Inner Strength

Gevurah is sometimes translated as *strength* and sometimes as *power* and refers to both inner and outer strength. It also includes the idea that we all can be heroic in our everyday lives by doing what is right and just. Having the strength to wait and make sacrifices is often called *willpower* and we show willpower when we wait for years before eating the fruit of a new tree. And, then again, when we harvest the fruit but offer it to the Temple before taking some for ourselves.

What are some of the ways in your life that you live the Jewish value of *gevurah*? Are there things you have to wait for or things you choose not to do or say, even though it's hard to do that?

Game:

חמש שניות *Chamaysh Shniot* (Five Seconds)



Play this game with any trivia, vocabulary, or academic content and any number of kids. Ask one question and instruct everyone to, "practice *gevurah*" and wait a full ***chamaysh shniot*** (five seconds) before shouting out the answer.

Count together out loud:

- אחת | *achat* [1]
- שתיים | *sh'tayem* [2]
- שלוש | *shalosh* [3]
- ארבע | *arbah* [4]
- חמש | *chamaysh* [5]



You can play around with the rules, making the wait time longer or shorter; the whole idea is to build self-control by waiting just a little bit longer than we really want to!