



# Havdalah



Havdalah literally means “separation.” The Havdalah service marks the end of Shabbat and should begin when three stars are visible in the sky.

During the Havdalah service, we smell the fragrant spices to help us prolong the sweetness of Shabbat. We look at the flames of the braided Havdalah candle, which symbolizes the separation of light from darkness. We bless a cup of wine to mark the departure of Shabbat, just as we marked the beginning of Shabbat.

### The Havdalah Ceremony

1. Light the Havdalah candle
2. Raise the cup of wine and recite the following blessing:

While the kiddush cup is lifted, we say:  
*Baruch Atah, Adonai Eloheinu, Melech  
ha'olam, borei p'ri hagafen.*

בָּרוּךְ אַתָּה יי, אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,  
בוֹרֵא פְּרִי הַגָּפֶן.

Blessed are you, Adonai our God, Ruler of the Universe,  
who creates the fruit of the vine.

\*\*\*for families just like yours!\*\*\*



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3. Lift the spice box and recite the following blessing:  
[Pass the spice box around so that everyone can smell the spices.]

While the spice box is lifted, we say:

*Baruch Atah, Adonai Eloheinu, Melech  
ha'olam, borei minei v'samim.*

בְּרוּךְ אַתָּה יי, אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,  
בוֹרֵא מִיְּנֵי בְשָׁמִים:

**Blessed are you, Adonai our God, Ruler of the Universe,  
who creates so many different fragrances.**

4. Hold the Havdalah candle up high and recite the following blessing while everyone cups and rotates their hands (so their fingernails catch the reflection of the flames.) This action symbolizes the separateness between dark and light, the holy from the mundane, and Shabbat from the rest of the week.

While the candle is raised, we say:

*Baruch Atah, Adonai Eloheinu, Melech  
ha'olam, borei morei ha'eish.*

בְּרוּךְ אַתָּה יי, אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,  
בוֹרֵא מְאוּרֵי הָאֵשׁ:

**Blessed are you, Adonai our God, Ruler of the Universe,  
who creates the fiery lights.**

Shavua tov, may you have a good week,  
May you find the happiness you seek.  
Shavua tov, may your week be fine,  
May it be as sweet as the Sabbath wine.